

WELCOME ABOARD !! THE MEDITATE CRUISE: A RETREAT AT SEA

We are *Meditate: School of Mindfulness & Healing Arts*, South Florida's Premier Center for the study of Mindfulness, Meditation, Sound, Energy, and Reiki. We take pride in offering a modern approach to these practices.

We offer over 50 Meditations, Classes and Events every week from our campus located in the Wilton Manors area of Fort Lauderdale, FL, as well as online through Meditate-To-Go.

We are proud to announce our newest venture **The Meditate Cruise: A Retreat at Sea**. We will be bringing the best of what we offer at Meditate School of Mindfulness to this exciting 4-Day Retreat at Sea. The goal and purpose of this event is to help spread the benefits of mindfulness, meditation and other holistic practices, in order to foster a greater sense of presence, community, and wellbeing.

With this in mind, we are introducing our *Corporate Sponsorship Program*. This program will allow businesses an effective way to support and introduce themselves to those participating in our event.

Your support as a corporate sponsor will help **us** provide educational programs and gives **you** the opportunity to be identified as a **leader** in the ever-growing field of Mindfulness and Meditation. We believe through this type of program we can show how these amazing practices can change the world by Fostering Kindness, Compassion, Presence, Understanding, Love, and so much more.

The Retreat at Sea will be offering workshops and meditations in gratitude, sound healing, loving-kindness, self-compassion, and more. In our practice we teach and lead from a place of “heart-training” and authenticity. So, our programs on The Meditate Cruise are centered around building and deepening the practice of mindfulness and meditation.

The Meditate Cruise: A Retreat at Sea will be limited to 150 participants. This will allow us to provide an experience that is intimate and allow our guests the opportunity to connect with our amazing and talented team of Presenters.

There are a number of Corporate Sponsorship levels available. We encourage you to look at each option and join at the level of commitment that is right for your company.

Our Founder/Director Brian Sullivan is available to answer any questions or get you started as a Corporate Sponsor of our amazing journey, **The Meditate Cruise: A Retreat at Sea**. You can reach Brian at (678) 438-4403 or by email at themeditatecruise@gmail.com.

Thank You for your Interest.

Brian Sullivan

Founder/Director

The Meditate Cruise: A Retreat at Sea

www.themeditatecruise.me